

NEWTOWN HIGH SCHOOL HEALTH OFFICE  
12 Berkshire Road  
Sandy Hook, CT 06482

September 18, 2015

Dear Parents and Guardians,

There were a few changes made recently to the CT state guidelines for health screening in schools. The new guidelines are as follows:

- Vision and Hearing will be screened in Kindergarten and Grades 1, 3, 4 and 5.
- Scoliosis screening will be done for females in grades 5 and 7 and males in grade 9 (if not done by a doctor during 9<sup>th</sup> grade physical exam).

As always, parents will be notified of any screening results that fall outside of normal limits.

There was also a change made in the requirements for Religious Exemption from immunizations. To claim an immunization exemption based on religion,

1. A Religious exemption form is required on entry into the school system and on entry into the seventh grade.
2. The parent or guardian must present a signed exemption form stating that such immunization would be contrary to their religious beliefs. This form is available in the school nursing offices.
3. This statement must be notarized.

Please feel free to call the nurse's office with any question that you may have about these changes.

Sincerely,



Anne Dalton, RN, BSN  
Newtown School Nursing Supervisor