Re-Entry Social./Emotional Subcommittee Meeting June 3, 2020 2:30 p.m.

Attendees: Kathy Gombos, Bret Nichols, Rebekah Harriman-Stites, Jen Hoag, Keristan Raccio, and Kim Shapiro.

Brainstormed Areas of Focus of our Work - to build our plan off of...

Comprehensive School Counseling Model

- What support will "all students" need "comprehensive school counseling model"
 Whole School Supports
 - Communication / Outreach to all
 - Define plan for "welcoming strategies"
 - How are we reaching all kids "Net"out to catch families / students on radar
 - Mindfulness rooms
 - Assemblies
 - Celebrations simple connectedness
 - Last years' class
 - Bulletin boards about pride
 - Shout outs / announcements
 - Celebrate staff what have we accomplished

Individual Supports / Interventions

- Assessment
- Opportunities for face to face with students before school
- Lunch Bunches
- Behavior support plans
- Mindfulness rooms
- Differentiation based on developmental level and individual situation
- Begins with differentiated outreach (personal connections with the kids we know have needs)
 - Disengaged during distance learning
 - Disengaged in school before distance learning
 - Special Education
 - Attendance and Behavior Concerns
 - Complex Family Issues
- What about the kids we expected to return that did not? What is our plan/ protocols?
- Social stories
- Individual Counseling
- Small group
- Behavior Plans
- Individual Parent outreach
- o Classrooms Supports / Interventions
 - Define plan for "welcoming strategies"
 - Classroom Lessons
 - Assessment / Observations
 - Mindfulness rooms
 - Opportunities for face to face with students before school

- Differentiation based on developmental level and individual situation
- Re-engagement strategies
- Teachers need to do "active monitoring" of how well their students to identify those that are not adjusting well
- Proactive strategies during unstructured times
- Utilizing "teachable moments"

Communication

o Creation of community support list

- o Information to parents about plans, models and support offered in school
- o Information to staff about plans, models and support offered in school
- Contact ALL families and students identify concerns about returning and reengagement
- oCommunication Newsletters / Messages about Social / Emotional for families
 - After plan is announced "how to talk to your child"
 - How to access additional support if necessary
 - How to mitigate stress during these time

Other Considerations

• Know the Impact of COVID

 $_{\odot}\text{We}$ are planning for the uniqueness of this situation

- Impact of being home
- Anxiety around the virus and being home
- Fear of virus and PPE
- Disengagement from school
- Social Isolation

• More families with financial stress

- free and reduced lunch increase
- Asking for supplies
- More families with Grief Issues

More families have domestic stress

• Tiered Interventions

Minor - provide universal, individual and personal
 Major - referral when necessary for major adjustment problems

Assessments / Observations / Protocols

 ${\scriptstyle \circ}$ What are we looking for... how do we define that for parents, students and staff

- Rapid ID of those who are having real difficulty adjusting to school
- o Signs of mental health stress in students

Signs of mental health stress in co-workers

Considerations Unique to "Distance Learning"

- Virtual (face to face)
- Lack of Social Opportunities
- Easily Disconnected

Considerations Unique to "In school"

- Face to face with kids possible
- Social distancing / PPE