

**K-12 NEWTOWN SCHOOL COUNSELING
PROGRAMS AND SERVICES**

HIGH SCHOOL	Academic	Social/ Emotional	Future
National Honor Society – grade 10-12 - A school organization that recognizes students in the categories of scholarship, service, leadership, and character (more information can be found on the NHS website)	X		
Course Planning - Counselors meet with students throughout their years at NHS to discuss current and future course planning that leads to successful completion of high school graduation requirements and to discuss that courses that may lead to interest areas in their post-secondary plan. Course planning is discussed in counselor workshops in grades 9-11 as well individually at any time.	X		
504 Case Management - Counselors work with students and families to ensure that their accommodations are being met through their Section 504 plan.	X		
Academic Supports & Resources - Students are scheduled into various supports on an as-needed basis. They can be referred through their teachers, counselors, parents/guardians, themselves or through the Student Assistance Team.	X		
Study Skills Group – grade 9 - Freshman counselors run a focused group for students who need support with study skills. The group meets one time per rotation. All are welcome.	X		
Peer Tutors - Student volunteers are available to support other students who need extra academic support. Students can be connected to a peer tutor through their school counselor.	X		

<p>Schoolwide Testing Day – grades 9-11– grades 9-11 - Schoolwide Testing Day provides students with an opportunity to take a standardized test during the regular school day. The tests being offered provide post-secondary and career planning information, as well as indications of academic achievement on a local and national level. This data can also be used to assist in the identification of struggling students, to improve instruction, and document students’ longitudinal progress.</p>	X		
<p>PPT attendance- Counselors attend these meetings as part of the education team who meet regarding students who are identified or are being referred for special education.</p>	X		
<p>TAP/Flex- Specialized education programs for students within NHS who require the highest level of support. Students are referred to these programs in a variety of ways. Any questions/concerns should be directed to your school counselor.</p>	X		
<p>SAT Meetings– (Student Assistance Teams) A team of people who meet on a regular basis to identify students in need, provide the necessary support and collaborate about best practices. If you are concerned about any student, please share with your school counselor.</p>	X	X	
<p>Parent Nights- Evening programs designed to educate and inform students and parents on the goals, objectives and tasks at their grade level for each year. Families and students are encouraged and welcome to attend.</p>	X		
<p>Open House/Conferences- Opportunities for students and families to meet with school staff in a group and/or individual setting regarding their progress.</p>	X		
<p>Link Crew – grade 9,11,12 - An orientation program that links 9th grade students with upperclassmen mentors. Link Crew mentors run orientation activities as well as activities throughout the year to establish connections between students.</p>		X	

Fusion – grade 9,11 - An Advisory for 9th and 11th graders that pairs a 9th grade student with an 11th grade mentor.		X	
Reach - A community based organization that supports students in grades 2-8 through mentorship and expedition. Students in grades 9-12 may apply to be mentors. Please click on this link for more information.		X	
SOS – grades 9,11 - A lesson for grades 9 and 11 that is presented in Health class that covers sign of suicide to make students aware of risk factors.		X	
Meet and Eat – grade 9 - A lunch group for 9th graders who are new to the district or who need a positive connection. The group meets in the fall semester.		X	
New Student Orientation – grade 10-12 - A program for students new to the district in grades 10-12 to acclimate them to Newtown High School.		X	
Alumni Panel – grade 12- Students who graduated NHS return to meet with current seniors about life at college.		X	
Peer Counseling – A group that helps welcome new students (9-12) to the district, and supports them in adjusting to NHS.		X	
Safe School Climate – grade 9-12 - Programs and services are in place to promote a secure and positive school climate, conducive to teaching and learning, that is free from threat, harassment, and any type of bullying behavior. Committees are currently at work assessing needs, and developing opportunities to create/improve the quality of relationships at the high school while diminishing/eliminating mean and cruel behaviors to improve student learning.		X	
Freshmen Orientation – grade 9 - A day long event where 9th graders meet their Link Crew leaders, tour the building, and participate in fun activities.		X	

<p>Individual Counseling– Among the many responsibilities a school counselor has meetings with students individually to help them make informed decisions. Individual counseling is imperative to a student’s social/emotional well-being. From these meetings a student is valued, needs are assessed, goals are created and connections are made.</p>		X	
<p>Peer Mentoring - Students are matched with a peer mentor who can help them with building a positive connection, working on homework, or improving other academic skills.</p>		X	
<p>Individual Meetings - Counselors meet with students often throughout the school year. During these meetings counselors serve as resources for helping students connect with clubs, activities, and interests that may link to possible career interests.</p>			X
<p>Parent Meetings- We love to meet with parents! We strongly believe working alongside parents will bring about the best in each student. Please contact our secretaries to set up a time or reach out to us directly.</p>			X
<p>Course Planning - Counselors meet with students in both counselor workshop and individually to discuss and plan course selection. Requirements for graduation as well as discussion of our numerous elective choices are reviewed. We encourage students to choose courses and electives that help enhance and explore their possible career interest.</p>			X
<p>Career Interest Inventory - Over the course of a student’s high school career, they complete a number of career inventories including: Cluster Finder, Do What You Are, Road Trip Nation and Career Cruising. These inventories are done through Naviance during Counselor Workshop.</p>			X
<p>Career Shadowing – grade 11,12 - A one day opportunity, for juniors and seniors during the school day, to shadow a professional in a field for which they have an interest. Students will receive an excused absence and can participate in 2 shadows per year, one each semester.</p>			X
<p>Internships – grade 11,12 - Junior and senior students work for an employer/organization usually one or more semesters to gain knowledge about a career. Internships occur outside of scheduled classes and may be paid or</p>			X

unpaid and students successfully completing an internship will receive a notation on their transcript.			
Senior Capstones – grade 11,12 - This is an opportunity for all students to self-design a course of study in their junior and senior year while earning one credit and satisfying a graduation requirement. (Starting with the class of 2021) This program is designed to be self-directed and tailored to the student.			X
Scholarships – grade 11,12 - Available for students in grades 9-12. Most scholarships are for seniors but there are a handful of scholarships for students in grades 9-11. Scholarships can be found in Naviance. The list is updated on a weekly basis, in Naviance, and posted in the Newtown Bee. The bulk of our scholarships are posted between November and April. Mrs. Latowicki is available to meet with students to help them navigate the scholarship list.			X
Resume Writing – grades 10, 11, 12 - Starting in grade 10 during counselor workshop students are introduced to resume writing and the opportunities to develop and enhance their resume. This is revisited each year so they have a solid working resume by senior year.			X
Parent Evenings - During our parent evenings, staff from the career center reviews opportunities and a resource available through the career center and encourages students to stop by at any time.			X

MIDDLE SCHOOL	Academic	Social/ Emotional	Future
Individual Counseling Sessions - A time for counselors to meet with students in need of academic, emotional, or social support.	X	X	X
Group Counseling Sessions - Bringing students together to discuss a shared topic or develop new skills.	X	X	

Topics could include social skills, organization, or grief management.			
504 Case Managers - Each counselor is the case manager for students with 504 accommodation plans in their clusters.	X	X	
SRBI Coordinators - Counselors coordinate the implementation of Scientific Research-Based Interventions (SRBI) in the building for students in need of academic (Math, Reading or Writing) or social emotional support.	X	X	
6th Grade Orientation - Counselors plan, organize, and facilitate two evening events to welcome and orient students and their caretakers to the middle school in the spring prior to the start of 7th grade.	X	X	
Transition to NMS - Counselors at the middle school work closely with the Reed staff to coordinate transition timelines and we communicate that information to parents and students via classroom lessons, website updates, and school messenger notifications.	X	X	
Reed Transition Lesson - Counselors from the middle school and current 7th grade students visit each 6th grade cluster at Reed to share information about a typical day at the middle school, discuss how the building is structured, and to answer questions.	X	X	
Junior Advisory - School wide lessons designed to assist students in developing their social emotional learning. Counselors participate in the planning and delivery of these lessons, and this year's focus will be on teaching students to identify and respond to emotions in themselves and others.	X	X	
Parent Coffees - An open forum discussion between parents and counselors. We schedule 4 per year and would love for you to join us!	X	X	
HOPS Facilitators - Counselors assist in identifying and scheduling students to participate in our 8 week	X		

Homework, Organization, and Planning Skills (HOPS) program.			
Parent Conferences - Parents are an integral part of our team! Counselors participate in conferences with teachers and parents to support our students' academic and social emotional development.	X	X	
Team Meetings - We believe in the importance of a team approach to understanding and developing the whole child. Counselors meet twice weekly with their clusters to discuss student progress and interventions.	X	X	
New Student Registrations - Counselors process the registrations, create schedules, and provide tours to assist all new families joining our Newtown Middle School community.	X		
Lion's Roar Articles - A monthly school publication where we contribute articles to help parents stay informed. You can view it on the Middle School's website!	X	X	X
New Student Orientation - An information session and tour of the building before school starts to help students new to the district feel comfortable and adjust to their new school.	X	X	
New Student Lunch: Moving to a new school can be a difficult transition. In the fall, counselors organize a lunch for new students to help them form connections to one another and to activities in the building.		X	
211 Crisis Intervention - Counselors collaborate with outside agencies to assist our students in crisis.		X	
Scheduling - Counselors create schedules for each student in our building.	X		
Classroom Observations - One of the best ways to learn about a student is to observe them in the classroom engaging with their peers and teacher. Counselors enjoy joining class lessons!	X	X	

Private School Applications - The Counseling Office processes all records and assists students applying to private schools.	X		
Private School Recommendations - Counselors assist our students applying to private schools by writing recommendations.	X		
Website Management - Communicating with families is an important part of what we do! Please be sure to look at our Counseling Office website and our personal websites for important information.	X	X	
PPT Meetings - Counselors attend Planning and Placement Team (PPT) meetings to assist in the academic and social emotional development of special education students.	X	X	
ERT Members - Counselors are members of the Emergency Response Team (ERT) to assist with emergencies and facilitate monthly drills.		X	
Building Safe School Climate Committee - A collaboration between counselors, teachers and administrators, who work to build a positive climate within the school setting.		X	
District Safe School Climate Committee - Counselors, teachers and administrators from each building in the district come together to develop the vision and implementation of social emotional learning in Newtown.		X	
MHAT/SST Meetings - Counselors participate in Mental Health Admin Team (MHAT) and Student Support Team (SST) meetings to identify students in need of additional support and determine possible interventions.	X	X	
Transition to NHS - Counselors at the middle school work closely with the high school staff to coordinate transition timelines and we communicate that information to parents and students via classroom lessons, website updates, and school messenger notifications.	X	X	

Mental Health Training - Counselors attend a variety of seminars to keep our skills sharp and current.		X	
Ice Cream Social - To quell those first day jitters, students and their caretakers are invited to the middle school to meet their teachers, see their classrooms, and enjoy ice cream with friends the day before we begin.		X	
CBITS - Cognitive Behavior Intervention for Trauma in Schools (CBITS) is a small group facilitated by Miss Connelly, Mrs. Peyton and Mr. Cribbons for students needing assistance with a response to trauma.		X	
Backpack Program - A program funded by the CT Food Bank, and facilitated through School Counselor Susan Connelly, that provides weekend snacks and small meals for students in need.		X	
Ed Camp - twice a year, students chose a fun and interactive activity, facilitated by an NMS staff member, to build rapport and strengthen community belonging. Some examples of past activities are volleyball, meditation, origami, wiffle ball, knitting, or board games.		X	
Socktober - During the month of October, homerooms compete to donate the most pairs of new socks. This event, coordinated by School Counselor Miss Connelly, collected over 1800 pairs this year, and 4 local shelters were very grateful for the generosity of NMS staff and students!		X	
SOS - 7th grade students participate in a Signs of Suicide Lesson during Health class, where they learn about the importance of helping friends by seeking out a trusted adult. Counselors participate in the lesson and meet with students.		X	
Referrals to Outside Agencies - Counselors assist families seeking community based mental health resources for students, including our School Based Health Center (SBHC). Please speak with your child's counselor if we can be of assistance.		X	

<p>Career Day - Counselors recruit, organize, and schedule a career day workshop for 8th grade students where they select 3 presentations from 25 parent and community presenters to further explore how their unique qualities, talents, and passions can lead to future career paths.</p>			X
<p>RoadTrip Nation Lessons - Over the course of 7th and 8th grade, Counselors teach 7 developmental lessons using this program. The RoadTrip Nation Experience (RTN) for middle school students provides a framework for students to define their own roads in life utilizing 7 online multimedia lessons, the web based RTN Interview Archive, companion workbook activities, and guided classroom discussions.</p> <ol style="list-style-type: none"> 1. Define your Own Road in Life 2. I am an Individual 3. The Noise 4. New Definition of Success 5. Self-Doubt 6. Support Network 7. Discover Your Interests 			X
<p>HAT/Shepaug/ACES/ECA Visits: Newtown is fortunate to have wonderful, free magnet schools that our students can attend. 8th grade counselors schedule and facilitate presentations from each of these schools for our 8th grade students.</p>			X

REED SCHOOL	Academic	Social/ Emotional	Future
<p>Individual Counseling - A time for counselors to meet with students in need of academic, emotional, or social support.</p>	X	X	

Small Group Counseling - Bringing students together to discuss a shared topic or develop new skills. Topics could include social skills, coping skills, organization, or managing grief.	X	X	
Developmental Guidance Lessons - Counselors facilitate lessons to their assigned homeroom/clusters. Lesson topics-Empathy, Coping Skills. Social/Relational Aggression, etc.	X	X	
Multiple Intelligence Lesson - A lesson for grade 5 with school counselors.	X	X	X
Career Cluster Finder Lesson – A lesson for grade 6 with school counselors.	X	X	X
Student Success Plans and Naviance - Students are introduced to SSPs. They store their goals and interests in a web-based portfolio called Naviance.	X		X
Success Plans for work completion – Plans are developed in collaboration with teachers to help students become more successful academically.	X	X	
Daily Student Check Outs – Designed for reflection on students’ academic and/or social goals.	X	X	
Classroom Observations – In order to provide support to students.	X	X	
Referrals – Collaboration with outside counseling agencies.	X	X	

504 Case Managers - Each counselor is the case manager for those students who are on a 504 plan in their clusters.	X	X	
SRBI Meetings - Counselors help coordinate the implementation of the Scientific Research-Based Interventions (SRBI) in the building for students in need of academic (Math, Reading or Writing) or social emotional support.	X	X	
Team Meetings - Counselors meet with teachers, interventionists, and administrators to discuss student progress and interventions.	X	X	
Parent Meetings - Parents play an important role in our team approach. Counselors participate in conferences with parents to discuss interventions for academic and social/emotional development.	X	X	
Transition Activities - Designed for incoming 5th graders and outgoing 6th graders. Counselors work closely with the elementary schools and the middle school to provide activities to help make the transition to new schools smoother.	X	X	
New Student Registrations - Counselors process the registrations, create schedules, and provide tours to assist all new families joining our Reed Intermediate School community.	X		
Locker Days - Incoming 5th graders and new students are invited to come into the building during two set dates in August to practice lockers.	X	X	
New Student Pizza Lunch - Counselors host a lunch within the first few weeks of school for any student who is new to the school/district.		X	
Color Games - PTA event for all students that brings out the school spirit in everyone!		X	
Holiday Hat Helper Day/Holiday Helper Fund - Counselors organize school-wide event where students are given the opportunity to donate to Reed families in need during the holiday season. Reed Student Council helps with this event.		X	

Lunch & Learn Program - Parents are invited to share their career experiences with students during the lunch/recess period.	X	X	X
ERT - Counselors are members of the Emergency Response Team (ERT) to assist with emergencies and facilitate monthly drills.		X	
Building Safe School Climate Committee – A collaboration between counselors, teachers and administrators, who work to build a positive climate within the school setting.		X	
Reed Times – This is our school newsletter to parents. School counselors contribute information and articles monthly	X	X	

HAWLEY	Academic	Social/ Emotional	Future
<p>SRBI (Scientific Research-Based Interventions) - Tiered support:</p> <p>Tier 1: Universal (in classrooms; all students receive)</p> <p>Tier 2: A bit of target support (small group instruction, specialist pushing into the classroom, etc.)</p> <p>Tier 3: Targeted support on an individual level (student pulled out for individual attention with specialist, etc.)</p>	X		
Classroom Counseling Lessons - Counselors deliver lessons that focus on the areas of: self-awareness, self-management, responsible decision making, social awareness, relationship skills.	X	X	X
Parent Meetings/Phone Calls/Updates - Counselors meet with parents to discuss a variety of topics regarding student's academic performance. Counselors also make phone calls home to discuss academic	X		

performance.			
Individual Counseling - Counselor meets regularly 1:1 with at-risk students to work on sustaining attention, organization, academic motivation, and more.	X		
Small Group Counseling - K-4 th grade students participate in a small group counseling setting which provides social skills and relationship building/connection.	X	X	
504s - Counselors participate in providing updated information from the school level and maintaining, managing, and monitoring services as authorized by the 504 plan.	X	X	
Consulting with Teachers - Counselors provide consultation as well as collaboration with teachers and support staff to develop academic goals and success.	X		
Classroom Observations - Counselors will perform observations in classrooms or elsewhere while students are at work to make note of on/off task behavior, social situations, and more.	X	X	
PPT (Planning & Placement Team) Meetings - counselors participate as a mental health professional in planning and placement team meetings.	X		
Responsive Classroom - <i>Responsive Classroom</i> is an evidence-based approach to education that focuses on the strong relationship between academic success and social-emotional learning (SEL).	X	X	
Parent/Teacher Conferences - Counselors participate in parent/teacher conferences to maintain and/or work on areas of growth for individual students.	X	X	
DSSCC (District Safe School Climate Committee) - Counselor serves on committee aimed at improving		X	

safe school climate and culture on a district-level.			
BSSCC (Building Safe School Climate Committee) - Counselor co-leads committee aimed at improving safe school climate and culture on a schoolwide-level.		X	
Parent Meetings/Phone Calls/Updates - Counselors will meet with parents to discuss a variety of topics regarding student's social emotional well-being. Counselors will also make phone calls home to discuss social emotional concerns or updates.		X	
Collaboration with Outside Counselors - Often time students receive outside counseling services. The school counselor will call to discuss updates and strategies with the outside counselor.		X	
Collaboration with REACH Program - When appropriate, referrals are made to the REACH program, which pairs at-risk students with a Newtown High School student mentor.		X	
Individual Counseling - Counselor meets regularly 1:1 with at-risk students to work on coping skills, emotion regulation, social skills, anger management, and more.		X	
Backpack Program - Counselors work with stakeholders to ensure that students in need receive food to take home every week.		X	
SSC/SEL Surveys (Safe School Climate/Social-Emotional Learning) - Counselors analyze data provided by the Panorama survey to determine needs of building.		X	
Student Check-ins - Counselors provide an opportunity to connect with students on a daily or weekly basis. These opportunities can vary based on the needs of the student/classroom.		X	

Reed Transition Meetings - The counselors from Reed and the home school meet to discuss student placement and concerns.		X	
Alpine - Database to track, monitor and provide tiered interventions for any students that are receiving school based interventions.		X	
Kindness Month - The month is dedicated to promoting acts of kindness. School-wide activities are completed and two assemblies are held.		X	
Ben's Bells Collaboration - Counselor serves as liaison for Ben's Bells Kind Campus, providing resources on kindness to students and staff.		X	
Therapy Dog Collaboration - Counselor serves as liaison for bringing in therapy dog as needed for students.		X	
Buddy Classes - Classrooms pair up for the year and participate in activities that revolve around reading and socializing roughly every month or two.		X	
Backpack Program - Counselors collaborate with CT Food Bank to provide students in need with food to take home every week.		X	
Holiday Gift Donations - Donations from Knights of Columbus are allocated for students in need and distributed by school counselor.		X	
SSC (Safety and Security Committee) - Counselor serves on team to assess safety of building and determine ways to improve.		X	
School Crisis Team - Counselor serves on team to brainstorm ways to help students in crisis.		X	

ERT (Emergency Response Team) - Counselor serves on team aimed at protecting the safety of building with regards to drills and procedures.		X	
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HEAD O' MEADOW	Academic	Social/ Emotional	Future
Parent meetings - Counselor meets with parents to discuss and collaborate on a variety of topics regarding student's academic performance.	X	X	
Parent updates - Counselor also makes phone calls home to discuss academic performance.	X		
504 meetings - Counselor participates in providing updated information from the school level and maintaining, managing, and monitoring services as authorized by the 504 plan.	X		
SRBI meetings - Tiered support: Tier 1: Universal (in classrooms; all students receive) Tier 2: A bit of target support (small group instruction, specialist pushing into the classroom, etc.)Tier 3: Targeted support on an individual level (student pulled out for individual attention with specialist, etc.)	X		
PPT meetings - Counselor participates as a mental health professional in planning and placement team meetings.	X		
Student check outs - Counselor provides an opportunity to connect with students on a daily or weekly basis. These opportunities can vary based on the needs of the student/classroom.	X	X	

Student check ins - Counselor provides an opportunity to connect with students on a daily or weekly basis. These opportunities can vary based on the needs of the student/classroom.	X	X	
Parent teacher conferences - Counselor participates in parent/teacher conferences to maintain and/or work on areas of growth for individual students.	X	X	
Classroom observations - Counselor will perform observations in classrooms or elsewhere while students are at work to make note of on/off task behavior, social situations, and more.	X	X	
Classroom lessons - Counselor delivers lessons that focus on the areas of: self-awareness, self-management, responsible decision making, social awareness, and relationship skills.	X	X	X
Responsive classroom - Responsive Classroom is an evidence-based approach to education that focuses on the strong relationship between academic success and social-emotional learning (SEL).	X	X	
Restorative practices - Improves and repairs relationships between people and communities. The purpose is to build healthy communities, increase social capital, decrease crime and antisocial behavior, repair harm and restore relationships.	X	X	
School-wide assemblies - Provide opportunities for students to be engaged in community building activities.	X	X	
Parent meetings - Counselor meets with parents to discuss and collaborate on a variety of topics regarding student's social emotional needs.		X	
Individual counseling - Counselor meets regularly 1:1 with at-risk students to work on coping skills, emotion regulation, social skills, anger management, and more.		X	

Lunch bunch - K-4 th grade students participate in a small group counseling setting which provides social skills and relationship building/connection.		X	
Snack packs – K - Kindergarten students participate in a small group counseling setting.		X	
Referrals for outside counseling or programs - Often time students receive outside counseling services. The school counselor will call to discuss updates and strategies with the outside counselor.		X	
Safe School Climate Committee – Aims to improve safe school climate and culture on a schoolwide-level.		X	
Monthly spirit days - These days provide a positive school climate and a sense of belonging to a community for each student.		X	
DSSC - Committee aimed at improving safe school climate and culture on a district-level.		X	
Dot Day - A celebration of Growth Mindset.		X	
Reed transition - The counselors from Reed and the counselor from the home school meet to discuss student placement and concerns.		X	
This year we are hoping to have mix it up at lunch day -		X	
Pre/post Panorama SEL – provide opportunities for students to be engaged in community building activities.		X	

Career day - This day is currently in development 2019.			X
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MIDDLEGATE	Academic	Social/ Emotional	Future
SRBI (Scientific Research-Based Interventions) – Tiered support: Tier 1: Universal (in classrooms; all students receive) Tier 2: A bit of target support (small group instruction, specialist pushing into the classroom, etc.) Tier 3: Targeted support on an individual level (student pulled out for individual attention with specialist, etc.)	X		
Classroom Counseling Lessons - Counselors deliver lessons that focus on the areas of: self-awareness, self-management, responsible decision making, social awareness, relationship skills.	X	X	
Parent Meetings/Phone Calls/Updates - Counselors meet with parents to discuss a variety of topics regarding student’s academic performance. Counselors also make phone calls home to discuss academic performance.	X		
Individual Counseling - Counselor meets regularly 1:1 with at-risk students to work on sustaining attention, organization, academic motivation, and more.	X		
Small Group Counseling - K-4 th – Students participate in a small group counseling setting which provides social skills and relationship building/connection.	X		
504’s - Counselors participate in providing updated information from the school level and maintaining, managing, and monitoring services as authorized by the 504 plan.	X		

Consulting with Teachers - Counselors provide consultation as well as collaboration with teachers and support staff to develop academic goals and success.	X		
Classroom Observations - Counselors will perform observations in classrooms or elsewhere while students are at work to make note of on/off task behavior, social situations, and more.	X	X	
PPT (Planning & Placement Team) Meetings - Counselors participate as a mental health professional in planning and placement team meetings.	X		
Responsive Classroom - <i>Responsive Classroom</i> is an evidence-based approach to education that focuses on the strong relationship between academic success and social-emotional learning (SEL).	X	X	
Parent/Teacher Conferences - Counselors participate in parent/teacher conferences to maintain and/or work on areas of growth for individual students.	X	X	
DSSCC (District Safe School Climate Committee) - Committee aimed at improving safe school climate and culture on a district-level.		X	
BSSCC (Building Safe School Climate Committee) - Committee aimed at improving safe school climate and culture on a schoolwide-level		X	
Parent Meetings/Phone Calls/Updates - Counselors will meet with parents to discuss a variety of topics regarding student's social emotional well-being. Counselors will also make phone calls home to discuss social emotional concerns or updates.		X	
Collaboration with Outside Counselors - Often times students receive outside counseling services. The school counselor will call to discuss updates and strategies with the outside counselor.		X	
Individual Counseling - Counselor meets regularly 1:1 with at-risk students to work on coping skills, emotion regulation, social skills, anger management, and more.		X	

Collaboration with REACH Program - When appropriate, referrals are made to the REACH program, which pairs at-risk students with a Newtown High School student mentor.		X	
Small Group Counseling - K-4 th - Students participate in a small group counseling setting which provides social skills and relationship building/connection.		X	
Backpack Program - Counselors work with stakeholders to ensure that needy students receive food to take home every week.		X	
SSC/SEL Surveys (Safe School Climate/Social-Emotional Learning) - Counselors analyze data provided by the Panorama survey to determine needs of building.		X	
504's - Counselors participate in providing updated information from the school level and maintaining, managing, and monitoring services as authorized by the 504 plan.		X	
Student Check-Ins - Counselors provide an opportunity to connect with students on a daily or weekly basis. These opportunities can vary based on the needs of the student/classroom.		X	
Reed Transition Meetings - The counselors from Reed and the home school meet to discuss student placement and concerns.		X	
Alpine - Database to track, monitor and provide tiered interventions for any students that are receiving school based interventions.		X	

TAG (Teaching Across Grade Levels) - Teachers volunteer to teach students about a special talent, hobby or activity that they enjoy. Students have a voice in what they are interested in learning more about. Grades and classes are mixed up based on the individual students' interests.		X	
Friend at Middle Gate Program - Students are paired up with an adult in the building to serve as a mentor. This program focuses on students who could benefit from more connectivity within the building (peers and/or staff).		X	
Mix it up lunches - Opportunity for students to meet new friends. This event pushes students out of their comfort zone by mixing up classes at different lunch tables. Staff helps assists students with their conversational skills.		X	
Classroom Counseling Lessons - Counselors deliver lessons that focus on the areas of career exploration, interest inventories, special skills and talents and how they could all relate or contribute to your future career of choice.			X
Schoolwide Career Fair - Counselor invites parents and community members in to introduce, explore and answer any questions about their career.			X
Career Mix it Up Lunch - Students are all mixed up at different tables than usual during their lunch wave. Organized activities are planned to enhance their knowledge of different careers while reinforcing the importance of working as a team and meeting new people.			X

SANDY HOOK	Academic	Social/ Emotional	Future
SRBI (Scientific Research-Based Interventions) - Tiered support: Tier 1: Universal (in classrooms; all students receive)	X		

Tier 2: A bit of target support (small group instruction, specialist pushing into the classroom, etc.)			
Tier 3: Targeted support on an individual level (student pulled out for individual attention with specialist, etc.)			
Classroom Counseling Lessons - Counselors deliver lessons that focus on the areas of: self-awareness, self management, responsible decision making, social awareness, relationship skills. At SHS, each grade level usually receives one monthly lesson as long as schedule and timing allows.	X	X	X
Parent Meetings/Phone Calls/Updates - Counselors meet with parents to discuss a variety of topics regarding student's academic performance. Counselors also make phone calls home to discuss academic performance.	X		
Individual Counseling - Counselor meets regularly 1:1 with at-risk students to work on sustaining attention, organization, academic motivation, and more.	X		
Small Group Counseling - K-4 th grade students participate in a small group counseling setting which provides social skills and relationship building/connection.	X	X	
504s -At SHS, the school counselor leads 504 meetings including scheduling and paperwork. Teachers provide updated information from the class. The school counselor maintains, manages, and monitors services as authorized by the 504 plan.	X	X	
Consulting with Teachers - Counselors provide consultation as well as collaboration with teachers and support staff to develop academic goals and success.	X		
Classroom Observations - Counselors will perform observations in classrooms or elsewhere while students are at work to make note of on/off task behavior, social situations, and more.	X	X	

PPT (Planning & Placement Team) Meetings - Counselors participate as a mental health professional in planning and placement team meetings when working with the student being addressed.	X		
Responsive Classroom - <i>Responsive Classroom</i> is an evidence-based approach to education that focuses on the strong relationship between academic success and social-emotional learning (SEL).	X	X	
Parent/Teacher Conferences - Counselors participate in parent/teacher conferences to maintain and/or work on areas of growth for individual students.	X	X	

DSSCC (District Safe School Climate Committee) - Committee aimed at improving safe school climate and culture on a district-level.		X	
BSSCC (Building Safe School Climate Committee) - Committee aimed at improving safe school climate and culture on a schoolwide-level.		X	
Parent Meetings/Phone Calls/Updates - Counselors will meet with parents to discuss a variety of topics regarding student's social emotional well-being. Counselors will also make phone calls home to discuss social emotional concerns or updates.		X	
Collaboration with Outside Counselors - Often time students receive outside counseling services. The school counselor will call to discuss updates and strategies with the outside counselor.		X	
Collaboration with REACH Program - When appropriate, referrals are made to the REACH program, which pairs at-risk students with a Newtown High School student mentor.		X	
Individual Counseling/Behavior Plans - Counselor meets regularly 1:1 with at-risk students to work on coping skills, emotion regulation, social skills, anger management, and more. At times, the school counselor		X	

may need to work with the school team to develop a plan to address student behavior and needs.			
Backpack Program and community donations - Counselors work with stakeholders to ensure that needy students receive food to take home every week.		X	
SSC/SEL Surveys (Safe School Climate/Social-Emotional Learning) - Counselors analyze data provided by the Panorama survey to determine needs of building. At SHS, the counselor gives a “how to” lesson to prepare students for the surveys as it is their first experience with these surveys.		X	
Student Check-ins - Counselors provide an opportunity to connect with students on a daily or weekly basis. These opportunities can vary based on the needs of the student/classroom.		X	
Reed Transition Meetings - The counselors from Reed and the home school meet to discuss student placement and concerns.		X	
Alpine - Database to track, monitor and provide tiered interventions for any students that are receiving school based interventions.		X	
New student lunch bunches and new student support - At the start of the school year, the school counselor holds new student lunch bunches for new students at each grade level. This allows students to connect with other students and build a connection with an adult in the building. Throughout the year, the school counselor will work to support new students as they transition to our school.		X	
Community Meetings - The school counselor may help to organize and deliver community meetings to one grade level ,multiple grade levels, or the entire school based on need and topic		X	
ERT (Emergency Response Team) And Crisis Response - The school counselor is an active member of the emergency response team which leads the school in drills for emergencies and helps if an emergency arises.		X	

The school counselor along with administration and the psychologist work to address any immediate student crises.			
Second Step - Second Step is a social emotional program that is delivered to all students at the elementary level. The school counselor uses these strategies and tools when working with students in lessons, groups, and individually. The counselor also supports teachers in their use of the program.		X	
Career Day - The principal with parent support organizes a Career Day for all students at the school. The school counselor helps in anyway needed.			X
Comfort Dog Liaison - Communicate and collaborate with the comfort dog team for the dogs to visit our school and support students and staff.		X	